

August 3-6, 2000 International Symposium:
INTEGRATIVE MEDICINE & EXPRESSIVE THERAPIES

Sunday Aug. 6 continued.



David Darling

Kate Marks

Awakening the Inner Shaman

Through shamanic journeys, drumming, song, dance, writing, and art, we will connect with the shaman within us to reclaim our power, awaken intuition, seek guidance, build community and celebrate our unity with all life..



Kate Marks



Dan Benor, M.D.



Francesca Genco



Eric Miller, Ph.D.



Lynn Miller, MA



11:30am - 12noon
 mini-workshop
 Free Space

Sue Mistretta M.A.

Expressive Therapies in the Treatment of Addictions

An Audiovisual presentation of art resulting from expressive therapy sessions at D & A facility.

Post-Conference Intensive

Sunday Aug. 6 9am-12noon
 Main Theatre

Tony Brooks Aarhus, Denmark
 Susan Antelis MPS, ATR, FBCIAC

Virtual Interactive Space

The Biofeedback Technology of the Future: Virtual Interactive Space. A totally kinesthetic experience for populations of all types.

Sunday Aug. 6 12:30pm

Multi-Media Closing Ceremony

Lynn Miller, MA, CMT

Association for Integrative Medicine
 & EXPRESSIVE THERAPY CONCEPTS

125 Prospect St. Phoenixville, PA 19460

www.IntegrativeMedicine.org

(610) 933-8145



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August 3-6, 2000

International Symposium

in conjunction with the

**Immaculata College
 Music & Healing Institute:**

**INTEGRATIVE MEDICINE &
 EXPRESSIVE THERAPIES**



TO:

HIGHLIGHTS

THURSDAY

OPENING CEREMONY

DAN BENOR, M.D.
ERIC MILLER, Ph.D.

RON KRAVITZ

DAVID DARLING IN CONCERT

FRIDAY

PANEL DISCUSSION WITH

RON CICCONE, M.D.
PETER REDMOND, D.C.

HIGHLIGHT SPEAKER

ROB KALL, M.Ed.

KEYNOTE SPEAKER:

RICK LIPPIN, M.D.

NETWORK CHIROPRACTIC

* ADJUSTMENTS *

SATURDAY

VIRTUAL ARTS THERAPIES

NORM GOLDBERG

PANEL OF LEADERS IN

CREATIVE ARTS THERAPIES

SPEAKER'S BANQUET

INGRID BREDENBERG, M.A.
JEFFREY N. LUPOWITZ, D.C.

CABARET

DRUM & DANCE

SUNDAY

CLOSING CEREMONY

LYNN MILLER, MA CMT

MULTI-MEDIA FINALE

PERFORMANCE

Pre-Conference

Thursday Aug. 3

1pm - 4pm
Dance Hall (Large gym)

Zora Natanblut RPT, PhD

Introduction to the Alexander Technique

The Alexander Technique is based on the principal that people are designed for movement.

Location: Location: Movement Studio (small gym)

Lynn Miller MA, CMT

Freeing the Creative Spirit

This workshop explores a multi-arts approach using movement, music and art for focusing and connecting with your inner wisdom.

Location: Free Space (Back of Large Gym)

Mike Wanner M.Ms.

Rita Maute

Healing with the Energy of Angels - course over 2 days

Integrated Energy Therapy can clear Trauma without reliving the Drama.

Location: Open Door (downstairs)

Eva Forndran PH.D. ACET

The Art of the Mandala and the Healing Concept of the Mandorla in Holistic Medicine

A therapeutic milieu will be created as a group effort combining different art modalities such as: music/movement (dance), poetry/prose with painting, and/or 3D creation in mural fashion. In the coming together, merging of opposing entities, one's "shadow" part can be addressed.

Location: Small Theatre (back)

Daniel J. Benor M.D.

Understanding Spiritual Healing from the Quantum Perspective

Spiritual healing (as in Therapeutic Touch and Reiki) which introduces subtle energy medicine and spiritual awareness into integrative care, can best be appreciated through experiential learning.



Nancy G. Shelton



Norm Goldberg

Mini Workshops

Thursday Aug. 3, 4:30 - 5pm
Dance Hall

Elizabeth Olney

Touching the Inside

Board Room (C10) 4:30 - 5pm

Ruth B. Scult M.S S

A Poetic View of Transitions

Life changes and adaptations as reflected in poetry, by an experienced psychotherapist and writer.

Movement Studio 4:30 - 5pm

Zazoua *Algerie*

Hieroglyphes corporel chez le musulman actuel

La plainte somatique du patient Africain ne serait elle pas liées a son art de vivre.

Free Space 4:30 - 5pm

Michael Billingsley M.A.

Skillful Connections - Discovering Inner and Outer Resources for Healing and Community

Skillful applications of whole systems techniques can remedy the compartmentalization associated with disease and poor social relationships.

Small Theatre 4:30 - 5pm

B.J. "Bill" Biagioli Developing and Testing Alternative Medical Devices

5:20 - 6:20pm Dinner

6:30 Opening Ceremony

Dan Benor, M.D.

Ron Kravitz,

7:30pm David Darling

Live in Concert

Friday Aug. 4

Location: Main Theatre

9am-4pm

Free Space

David Darling Music For Everyone

9am-12pm Open Door

**Mike Wanner M.Ms.
Rita Maute**

Continued from Pre-Conf...

Healing with the Energy of Angels - cert. course over 2 days

9-10am

Board Room (C10)

Jeffery P. Kaplan Ph.D., M.A.,

Stress Mastery

Insight-oriented experiential workshop:
When you look in the mirror, what do you
see?

Dance Hall

Patricia Rose Upczak

Synchronicity and Reiki

Synchronicity and reiki create a spiral of
energy that heals us at all levels.

9-10am

Main Theatre

Ed Contaldi & John VanZandt

Music Therapy techniques with severe
cognitive and physical disabilities:
utilization of adaptive technologies

Movement Studio

**Christoffer de Graal, B Mus,
London, England**

Conversations & Stories in Sound

Whether you think you can or can't play
music this workshop will allow you to
explore the deeper structure of your
experience with yourself and others in the
world.

Friday Aug. 4

10:30-11:30am

Board Room (C10)

Mary Zesiewicz, M.D.

Colorado Springs, CO

New Hope in the Treatment of Depression

Depression is one of the most common
afflictions in this country as well as the
world. Yet, it is well known that antide-
pressants only help a percentage of people
who suffer from this often debilitating
condition.



Friday Aug. 4

Main Theatre

Joseph F. Reilly MA CMT

Lightning strikes! II: a correla-
tional study of normal &
schizophrenic gesturo-musical
Response using the lightning
module.

10:30am-12 noon

Movement Studio

Bunny Abbott MA MS NCC

Addressing Chronic Mental/Physical Illness and the Phenomenom of Homelessness:

**A Community-based Expressive
Arts Project Working One Week
at a Time.**

An eight year grassroots arts based
program for high risk persons will
be presented and a theory and
method of application will be
described.

10:30am-12 noon Small Theatre

Chriss Berk M.A. ATR

Practicing Independently as an Integrative Health Care Provider

11:30-12:30pm

Exhibits are Open!

12:30 - 1:30 Lunch

Friday Aug. 4 at 1:50pm

Pre-Keynote -

Rob Kall, M.Ed.

Main Theatre

Optimal Health Model

A health model based on moving
toward optimal functioning
rather than treatment of symptoms.

2:15pm Keynote -

Rick Lippin, M.D.

Main Theatre

Friday Aug. 4

3pm- 3:30pm

Exhibits are Open!



Sr. Jean Anthony Gileno, Ph.D.



Rick Lippin, M.D.



Peter Redmond, B.C.

Friday Aug. 4

7:30- 8:30pm

AIM Members Meeting

Dance Hall

8pm Guitar/Oboe concert

Jill & David

Main Theatre

Saturday Aug. 5

9-10am

Board Room (C10)

Roxanne Black BA

Letter writing as a healing method

This lecture will discuss how
communication and mutual support
through writing can aid in the
healing process

9-10am

Dance Hall

Dinnie Pearson B.F.A.

Intro to CranioSacral Therapy (CST)

CST is a gentle, noninvasive
manual therapy which is wonder-
fully soothing to receive and
awesomely easy to learn and use as
a first aid tool.

9-10am Main Theatre

George Fritz Ed.D.

Ride the music: Neuroacoustic biofeedback therapy for pain control

9-10am Movement Studio

Nancy E Lubow

Exposure to favorite music as indicator of mood, thought, and mental imagery in music students

The purpose of this pilot study was
to examine the interactive
relationship between prevailing
mood, mental imagery, and thought
patterns and the favorite music of
teenage music students.



Ingrid Bredenberg, M.A.

3:30pm -4:30pm

Dance Hall

Elissa Faye MAAT., ATR

The Effects of Dolphin Play with
Children Diagnosed with PTSD -
A journey in spirit through
Kabbalah and images

3:30pm -4:30pm

Main Theatre

Nancy Greschel BS

San Schill RN

Human Food Processor - Your Digestive System!

Is your food processor working up
to par?

3:30pm -4:30pm

Movement Studio

Flossie Lerardi MM, MT-BC

Mark Bottos MCAT, DTR

Creative Arts Therapy in a
Community-Based Setting

This presentation will include
descriptions and video examples
of on-site, outreach and home-
based programming provided by
Kardon Institute of the Arts in
Philadelphia.

3:30pm -4:30pm

Open Door

Tanya Zilberter, Ph.D

Stockholm Solna

Body-Mind Workout Workshop

This workout shares philosophies
of the Alexander and Feldenkrais
systems and contains elements of
classic and modern dance It
includes the majority of Yoga
asanas and flows like Tai-Chi.

4:45pm -5:45pm

Integrative Medicine Panel

Ron Ciccone, M.D.
Peter Redmond, D.C.,
Eric Miller, Ph.D.

Main Theatre

6:15 - 7:15 Dinner

2:30pm - 3:30pm
Board Room (C10)

Rob Kall M.Ed.

Story as Structure & Journey; Tools for personal and Client Insight, exploration, healing and Growth

Understanding the structural and mytho-archetypal elements of story can be a powerful vehicle for understanding and re-scripting our personal stories.

2:30pm - 3:30pm
Main Theatre

Marvin Berman Ph.D.,

Controlled study of EEG-biofeedback treatment of ADHD in children within the Philadelphia public mental health system. This is the first study of its kind where alternative treatment approaches to attention deficit hyperactivity disorder were used with children (7-12) in afterschool treatment programs within the public mental health system.

2:30pm - 3:30pm
Movement Studio

Francesca Genco MA

Core BodyBreath: Remembering Your True Essence through Breath, Movement and Sound

Core BodyBreath creates the space for exploration and expression of the core self through fluid, connected breathing, authentic movement and vocal sounding.

2:30pm - 3:30pm
Location: Dance Hall

Kernan Manion MD

with Ingrid Brdenberg Renewing Ourselves While We Care For Others

An exploration of personal renewal, resourcefulness and resilience that will provide practical strategies and powerful techniques.

4:00 - 5:30pm
Expressive Therapies Panel/ presidents -

Norm Goldberg, moderator
Main Theatre

6:30 pm
Banquet / Speaker
Banquet Hall

Ingrid Bredenberg
Jeffrey N. Lupowitz D.C.
Integrating speed and Technology with Life Wisdom in the new millenium.

8:30pm Cabaret
Main Theatre
Featuring Conference Participants On-Stage!
with Lynn Miller, MA, CMT

Sunday Aug. 6
9-11am Board Room (C10)

Irene Doniger RN, MS, NCC,
Wisdom of the Heart
An experiential workshop using the "Wisdom of The Heart" in combination with practical information and techniques for healing the heart physically, emotionally and spiritually.

9-11am Location:
Dance Hall

Mary D. Cole
Ariadne's Thread: Exploring Narrative in the Expressive Therapies

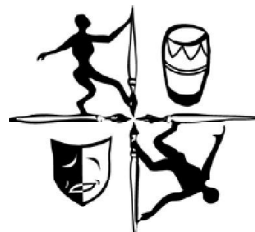
A multimodal exploration of the myth of Ariadne, using art, movement, music and psychodrama, this workshop will work with life narratives. With Martha Rand Ingrid Schirrholtz

9-11am Dance Hall

Elizabeth Glaze ACSM, ACE, CIAR

Introduction to Ideokinesis

Ideokinesis," is a 73-year old method for correcting posture,



Sunday Aug. 6
alignment and movement.
9-11am Free Space

Deborah Crane
Voice Movement Therapy

Voice Movement Therapy encourages expression of all aspects of the self by developing all the many timbres of the voice.

11:30am - 12noon
mini-workshop
Movement Studio

Reverand Victoria Pendragon

Igili, a Powerful and Integrative Tool for Healing

As an energy of transformation and healing, Igili is, first and foremost, for both recipients and practitioners, a tool for the development of the intuitive nature and skills of each individual.

11:30am - 12noon mini-workshop
Dance Hall

Larry Zaleski DC

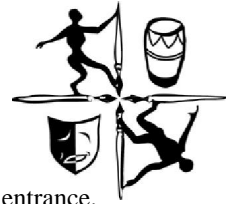
VITALISM: A New Perception
Sunday 9-11am
Main Theatre

Join Larry in a lecture and discussion on the paradigm of Vitalism; the philosophy that honors the internal wisdom of all things.



Elizabeth Glaze ACSM,

August 3-6, 2000 International Symposium:
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To Immaculata College - Conference is in Alumnae Hall

By Car

From Lancaster Pike (Route 30) Travel east or west to Route 352; follow Route 352 south to the college entrance.
From West Chester Pike (Route 3) Travel east or west to Route 352; follow Route 352 north to college entrance.

From Philadelphia

Travel Schuylkill Expressway (I-76) west to Route 202; take Route 202 south to Great Valley Exit (Route 29); Follow Route 29 south to Route 30; go west on Route 30 to Route 352; turn left onto Route 352 (south) to the college entrance.

From The Pennsylvania Turnpike From East (I-276) Travel to the Valley Forge Exit 24; take Route 202 south to Great Valley Exit (Route 29); follow Route 29 south to Route 30; go west on Route 30 to Route 352; turn left onto Route 352 (south) to college entrance.

From The Pennsylvania Turnpike From West (I-76) Travel to the Downingtown Exit 23; take Route 100 south to Route 30; turn left (east) onto Route 30 to Route 352; turn right on Route 352 (south) and continue to college entrance.

From Wilmington and I-95 Travel north on Route 202 to Route 30 (not the Route 100 north/Route 30 west exit); turn right on to Route 30 east and continue to Route 352; turn right on Route 352 to the college entrance.

By Train, Bus, and Taxi

From Center City Philadelphia Take SEPTA R5 train west to Paoli. SEPTA bus 92 runs from King of Prussia through Paoli to the college. For taxi service from Paoli, call 644-2564.

By Air

Immaculata College is approximately a 50-minute drive from Philadelphia International Airport, where limousine service is available to the Paoli/Malvern area. The SEPTA R1 train from the airport connects with the R5 train (Paoli Local).

Rainbow Limo [Phone: 610-696-6060.] charges \$24. to the Hampton Inn

Hampton Inn 1-800-HAMPTON

