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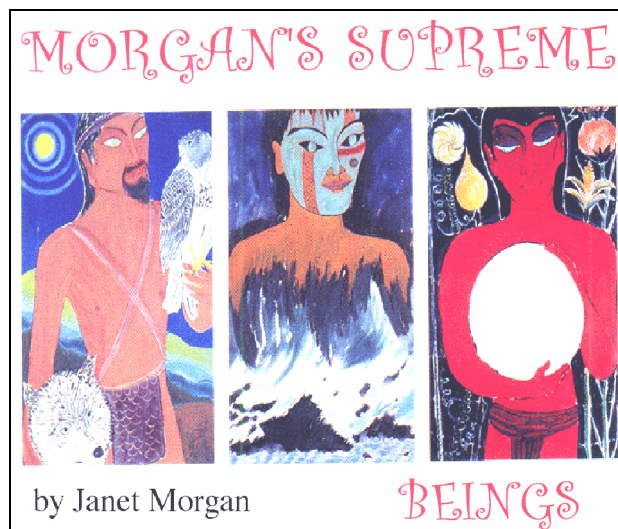
# 1999 International Symposium Integrative Medicine & Expressive Therapies

May 26-28, 1999  
at the Omega Institute



Be a part of history in the making! Join us for the 1st annual meeting of the Association for Integrative Medicine. This is also the first ever

collaborative symposium dedicated to both Integrative Medicine and Expressive Therapy. Here you will find physicians along side Reiki masters and acupuncturists, psychiatrists next to artists and dancers, chiropractors among music therapists and nurses. Don't miss this unique experience and incredible opportunity to learn, network and actively participate in this groundbreaking historical event. Hear about the latest alternative and complementary medicine techniques, philosophy and practice issues in lectures and panel discussions, experience a new approach to health and healing from a variety of hands-on workshops, take some time for your own renewal in the hot tub or sauna. Drop by the ongoing Free Expressive Arts & Bodywork Exchange Area. Enjoy the healthy, natural environment of the beautiful Omega campus.



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## A UNIQUE OPPORTUNITY

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- pre-conference intensives Dan Benor & Lynn Miller
- CEUs Courses
- over 30 presenters
- international experts
- diverse fields represented:

Medicine, Music Therapy, Massage Therapy  
Chiropractic, Chinese Medicine, Counseling,  
Homeopathy, Herbal Medicine  
Nursing, Nutrition, Naturopathy  
Art Therapy, Dance Therapy,  
Psychodrama, Psychiatry,  
Poetry Therapy & many more



Easy On-Line Registration:  
[www.Integrativemedicine.org](http://www.Integrativemedicine.org)



**Eric B. Miller, Ph.D.**  
President of Expressive Therapy Concepts.



**Peter Redmond, D.C.**  
President of the Association for Integrative Medicine.

Featuring the top experts and leaders in their fields

**Easy On-Line Registration: [www.IntegrativeMedicine.org](http://www.IntegrativeMedicine.org)**

must not miss

A historical event that you



**OMEGA Institute**  
at the  
Rhinebeck, New York

May 26-28, 1999



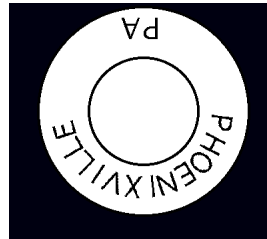
# Integrative Medicine & Expressive Therapies

1999 International Symposium

125 Prospect St.  
Phoenixville, Pennsylvania 19460

**The Association for Integrative Medicine**

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Co-hosted by non-profit organizations:  
Expressive Therapy Concepts and The Association for Integrative Medicine



# Integrative Medicine & Expressive Therapies

May 26-28, 1999

at the  
**OMEGA Institute**  
Rhinebeck, New York

Integrative medicine is the culmination of this century's quest to understand human health and well-being. Our conference features cutting edge healers from around the world, including: allopathic and homeopathic physicians, psychotherapists, creative arts therapists, bodyworkers, chiropractors, nurses, musicians, performing artists and others.

Featuring the top experts in the fields of Expressive Therapies and Integrative Medicine



**Shaun McNiff, Ph.D.**  
Author of *Art as Medicine*,  
Founder of the Leslie  
College Expressive Arts  
Therapy Program, Dean of  
Endicott College.



**Dan Benor, M.D.**  
Psychiatrist, healer and  
author of *Healing Research*,  
Dan is referenced by Larry  
Dossey, M.D.



**Irene Doniger, MS, RN**  
Popular speaker on  
alternative medicine and  
founder of the Mind/Body  
Connection in PA.

WEDNESDAY MAY 26

Pre-conference intensives  
2:00—5:00pm, 7:00—9:00pm  
(5 hr CE courses) fee:\$80.

Dan Benor, M.D. (A)  
Quantum Healing  
Experiential Workshop: Understanding Spiritual Healing from the Quantum Perspective

Lynn Miller CMT (B)  
Freeing the Creative Spirit:  
A multi-arts approach

Tony Brooks (C)  
Virtual Interactive Space (V.I.S.)  
Multimedia feedback through movement in virtual interactive spaces!

ONGOING: MAY 26-28  
Expressive Arts Area &  
Free Bodywork Exchange

THURSDAY MAY 27

9—10am  
Ellen M. Adelman Ph.D. Elkins Park, PA  
Integrating Mind-Body Medicine & Psychotherapy

9—10am  
Kevin Makarewicz M.A. Cos Cob, CT  
Making Contact Through Music

9—10am  
Zora Natanblut RPT Ph.D. King of Prussia, PA  
Introduction To The Alexander Technique

9—10am  
Tony Brooks Aarhus, Denmark  
Virtual Interactive Space (V.I.S.)  
As A Movement Capture Interface

10:15—11:15am  
Paola Luzzatto, Ph.D. ATR-BC NY, NY  
Reaching the meaningful image

10:15—11:15am  
Sally Adams B.A. A.I.C. Phila, PA  
BORN TO SING!

10:15—11:15am  
Patricia Rose Upczak Nederland, CO  
Healing and Creativity

10:15—11:15am  
Daniel J. Benor, M.D. Medford, NJ  
Experiential Workshop: Integrating Spiritual Healing And Psychotherapy

11:30—12 noon mini-workshop  
Jeffrey P. Kaplan, Ph.D. Norristown, PA  
Stress Management Through Self Mastery

11:30—12 noon mini-workshop  
Frank L. Fitzpatrick B.S. AIC Cranston, RI  
Dancing in the Street; Composing and Performing Music to Embrace and Conquer our Pain

11:30—12 noon mini-workshop  
Janet Morgan RET Brooklyn, NY  
Fun, Creativity And Other Radical Approaches To Cancer Care:

11:30—12 noon mini-workshop  
Mary-Claire Maggio, Ph.D. College Station, TX  
Imaged Music as a way to transcend the barriers of isolation and depression in later life.

LUNCH 12:30—1:30pm  
& AIM Members meeting

1:45—2:45pm  
Opening & Keynote  
Eric Miller, Ph.D. MT-BC Welcome  
Kevin Makarewicz M.A. Ceremony  
Dan Benor, M.D. Keynote  
Research and Theory in Energy Medicine:  
Quantum Healing for the 21st Century

3:15—4:15  
AATA, Mundelein, IL  
Art & Medicine: Partners in Integrative Healthcare  
AATA Representative

3:15—4:15  
Rae Sirott MT-BC, Sicklerville, NJ  
Heal the Healer, Taking care of yourself—creatively



3:15—4:15  
Tanya Zilberter Ph.D. Heidelberg, Germany  
Reflexo-Therapy With Mechanical Skin Stimulation: Pilot Study

3:15—4:15  
Aliza Ansell & Karen Peterson Northampton, MA  
Out of Your Head and Into Your Humor:  
Blending Comedy Improvisation and Basic Aikido

4:30—5:30  
Eva S. Forndran, Ph.D., ACET Emmaus, PA  
Native American Metaphors useful in Overcoming Depression and in Grief Counseling

4:30—5:30  
Elaine Hunter Ontario, Canada  
Dance therapy never fails

4:30—5:30pm  
Carol Lark, Ph.D., ATR-BC St. Louis, MO  
Suspending The Narrative In Art Therapy Processes

4:30—5:30pm  
Kimberly Cardinal MET Cleveland, OH  
Movement Expression Therapy: From the Outside In

DINNER 6—7pm

Panel Discussion  
7:30—8:30  
Sarah Fisher M.D. Phila, PA  
Norm Goldberg MM, Peter Redmond, DC

8:30pm  
Keynote  
Irene Doniger MS, RN KOP, PA  
The Spirituality of Humor in Health and Healing

9:30pm Cabaret  
(featuring conference participants on stage!)

FRIDAY MAY 28

9:00-10:00am  
Rae Johnson Toronto, Ontario CANADA  
Somatic Alchemy: The Theory and Practice of Elemental Movement Body of Knowledge

9:00-10:00am  
Dr. Avi Goren-Bar (or representative) Haifa, Israel  
Director of the Lesley College Extension Expressive Therapy Clinic for children, adolescents and families in Israel.

9:00—10:00am  
Christoffer de Graal, BMus, London, England  
Conversations & Stories in Sound

10:15—11:15am  
**Leda Meredith** Brooklyn, NY  
 Herbal Medicine and the Performing Arts: A  
 Traditional Partnership

10:15—11:15am  
**Karen Carnabucci MSS, LSW, CP, CET** Lancaster, PA  
 Psychodrama: Taking The Stage For Healing

10:15—11:15am  
**Chrissy Marie Petro, M.S.W., L.S.W.** Pittsburgh, PA  
 Zen Dancing, Movement Meditation

10:15—11:15am  
**Chriss Berk MA, ATR** NY, NY  
 Practicing Independently As An Integrative  
 Health Care Provider  
 Assoc. for Integrative Medicine Board



11:30—12:30  
**Carol Oliver M.Ed. TEP** NJ  
 Creating Soulful Relationships an  
 Experiential Workshop

11:30—12:30  
**Shaun McNiff, Ph.D.** Endicott, MA  
 Integrated Arts Studio

11:30—12:30  
**Mike Wanner, M.A.** Philadelphia, PA  
 Letting Reiki Guide You  
 Assoc. for Integrative Medicine Board

11:30—12:30  
**Gitte Jensen, Ph.D.** Hudson Quebec  
 Improving the immune system - a  
 comprehensive therapeutic strategy

11:30—12:30  
**Yetta E. Lautenschlager LCSW** Hamden, CT  
 The 4 A's of Emotional Intelligence

**LUNCH** 12:45—1:45pm

2:00—3:00pm  
**Keynote: Shaun McNiff** Endicott, MA  
**Art, Spirit & Integrative Medicine**  
 Author of: Art as Medicine: Creating a Therapy of the Imagination

3:15—4:15pm  
**Ingrid Bredenberg, M.A.** Montague, MA  
 Men & Women's Rituals: Discovering,  
 Claiming & Sharing Our Power

3:15—4:15pm  
**Cynthia VonnPreid, MA, MT** Salt Lake City, Utah  
 Expressive Therapy: Success with Infants &  
 Children Through Music & Art

3:15—4:15pm  
**Carol O. Vracarich** Newport, PA  
 The ABC's of Public Relations for Holistic  
 Health/Integrative Medicine Professionals !

3:15—4:15pm  
**Susan Antellis ATR, BCIAC NY, NY**  
**Rafelina Mandarino, MPS, ATR**  
 Art Therapy & Biofeedback: The Role of Stress Management  
 & Biofeedback in conjunction with the Creative Process as  
 Expressed Through Art

4:30—5:30pm  
**CLOSING CEREMONY**

**Peter Redmond, D.C.**  
 AIM President

**Lynn Miller, C.M.T.**

**Ingrid Bredenberg, M.A.**  
**Norm Goldberg M.M.**

**GETTING TO OMEGA**

**Registration for Housing only:**  
 Please call the Omega Institute  
 260 Lake Drive, Rhinebeck, NY 12572-3212  
<http://www.omega-inst.org/>  
 1-800-944-1001

Omega has a variety of housing options available, from camping and dorms to private cabins. Please note that a 10./per person/ per day facility fee applies to all.

**BY CAR**

From the North/East: Take I-91 South to I-90 West (Mass. Pike). From I-90 take the Taconic State Pkwy. South about 40 miles. Exit at Bull's Head Road (Route 19) and turn left at the stop sign (west). Go 2 miles to Centre Road (Route 18) and turn left. See On Centre Road below.

From NYC/Long Island: Take the Saw Mill River Pkwy to the Taconic State Pkwy. North. Exit at Bull's Head Road (Route 19) and turn left at the first stop sign, then left again at the second stop sign so that you drive over the parkway (west). Go 2 miles to Centre Road (Route 18) and turn left. See On Centre Road below. From the North/South/West: Take I-87 (NYS Thruway) to Exit 19 (Kingston). At the traffic circle, take the first right (Route 28 West to Pine Hill). Go 1/4 mile and turn right on Route 209 North to the Rhinecliff Bridge, about 5.2 miles. Cross the bridge, go 1.4 miles to the second stoplight and turn right (Route 9G South). Follow this road 4.7 miles to Route 19 (Slate Quarry Road). Turn left and go 4.3 miles to Route 18 (Centre Road). Turn right. See On Centre Road below.

From Rhinebeck, Hyde Park, Poughkeepsie: From Route 9G south, turn left; from Route 9G north, turn right, on Route 19 (Slate Quarry Road). Go 4.3 miles to Route 18 (Centre Road) and turn right. See On Centre Road below.

On Centre Road: Go 2.3 miles to the first four-way intersection. Turn right on Fiddlers Bridge Road. Go 1.2 miles and turn right on Lake Drive. Continue 3/4 mile to Omega's campus; signs will direct you

**REGISTRATION OPTIONS**

Regular Registration May 27-28	\$ 165.	(please circle)
Association for Integrative Medicine Members	145.	
Students (with student ID)	85.	
One-day Only (Thurs. or Fri.) (please circle)	100.	
Pre-Conference Workshop Wed. May 26	80.	
CMTE/NBCC CE credit Processing	15.	
Official Conference T-Shirt S M L XL	16.	

Tax-deductible contribution  
 (\$10, \$25, \$50, \$100, 500, other)

**Exhibitor's Options:**

Basic 6 Ft. Table \_\_\_ \$200.  
 (includes conf registration)  
 Ad Space in our Program  
 \_\_\_ 1/8pg. 75. \_\_\_ 1/4pg. 125.  
 \_\_\_ 1/2pg. 225. \_\_\_ Full pg. 400.

Have your flyer inserted in our program packet \_\_\_ \$50.  
 (you supply us with flyers)  
 Place Your Flyers on our Exhibit Table \_\_\_ \$25.  
 Web Page Ad \_\_\_ \$5./mo.

I am interested in performing in the Saturday Night Cabaret [ ]  
 I would like the Conference committee to help find me a roommate [ ]

<b>Name</b>	<b>Credential</b>	<b>Phone</b>
<b>Address</b>		<b>Fax</b>
<b>City</b>	<b>State</b>	<b>Zip</b>
<b>E-Mail</b>		
<b>Professional Association/Agency</b>		
<b>Choice of Pre-Conference Workshop:</b>		

**Total amount enclosed:**

I agree to completely indemnify Expressive Therapy Concepts, Inc., and any persons associated with this event of any liability, injury or other claim. Refunds may be granted 2 weeks prior to the conference, following which time a 15% processing fee may apply. I am also aware that occasionally presenters have to cancel due to personal or medical reasons

**Signed** \_\_\_\_\_ **Date:** \_\_\_\_\_

I am also aware that portions of this educational course may be audio - or videotaped and I agree to release any audiotape or videotape in which I am included to Expressive Therapy Concepts [ ]  
 I prefer not to be included on audio/video materials [ ]

**Please return registration with payment to:**

The Association for Integrative Medicine (610) 933-8145  
 125 Prospect St.  
 Phoenixville, Pennsylvania 19460 [www.IntegrativeMedicine.org](http://www.IntegrativeMedicine.org)